

FEELING UNDER THE WEATHER?

HUNGRY, BUT NOT WELL ENOUGH TO VENTURE OUT FOR FOOD?

Did You Know that Your GWorld Colonial Cash Card Provides You Convenient and Easy Access to Food, Beverages, and Sundries?

BE PREPARED . . . STOCK UP!

- 1 Use your GWorld Colonial Cash Card to purchase and maintain a supply of easy to prepare flu-friendly non-perishable foods and bottled beverages that may come in handy when you are not feeling well enough to venture out.
- 2 Here's a list of GWorld Colonial Cash partners on or near campus that carry flu-friendly foods, beverages, and sundries:

Ames Dining Room: *Mount Vernon Campus*

Au Bon Pain: *2000 Penn*

CVS Pharmacy: *10 convenient locations on campus and in the city*

Gallery Market: *Ivory Tower*

GW Bookstore: *Marvin Center Lower Level*

J Street 5th Avenue Deli: *Marvin Center*

J Street Smart Market: *Marvin Center*

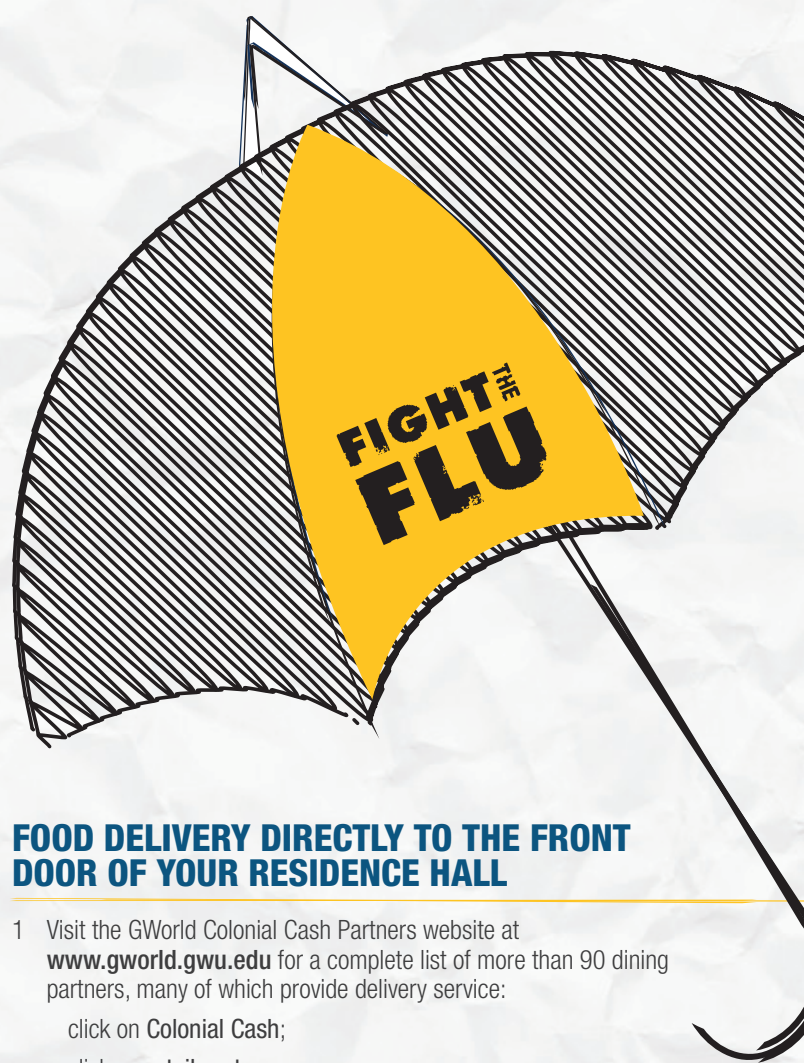
J Street Freshens: *Marvin Center*

Market at Columbia Plaza: *506 23rd Street, NW*

7-11: *Mitchell Hall*

Safeway Grocery Store:

Watergate, MacArthur and Georgetown locations



FOOD DELIVERY DIRECTLY TO THE FRONT DOOR OF YOUR RESIDENCE HALL

- 1 Visit the GWorld Colonial Cash Partners website at www.gworld.gwu.edu for a complete list of more than 90 dining partners, many of which provide delivery service:
 - click on Colonial Cash;
 - click on retail partners;
 - click on "by service"; and lastly,
 - click on "delivery" on the drop down menu to get a complete listing including contact information and hours of operation of a wide variety of retail dining partners that deliver food, beverages, and sundries.
- 2 You can also click on the partner name to access restaurant menus and pricing information.
- 3 Call in your order and use your GWorld Colonial Cash Card to pay.

FIND A "FLU BUDDY"

- 1 Establish an arrangement with a friend or roommate who will be available to assist you with running errands or going to pick up food or other supplies for you when you are not well enough to venture out.
- 2 Here's a list of GWorld Colonial Cash partners on or near campus that carry a variety of hot soups, comfort foods, and flu-friendly foods:

Ames Dining Room: *Mount Vernon Campus*

Au Bon Pain: *2000 Penn*

Cosi: *5 convenient locations*

Campus Fresh: *Lerner Health and Wellness Center*

J Street 5th Avenue Deli: *Marvin Center*

J Street Smart Market: *Marvin Center*

J Street Freshens: *Marvin Center*

J Street Café: *Marvin Center*

